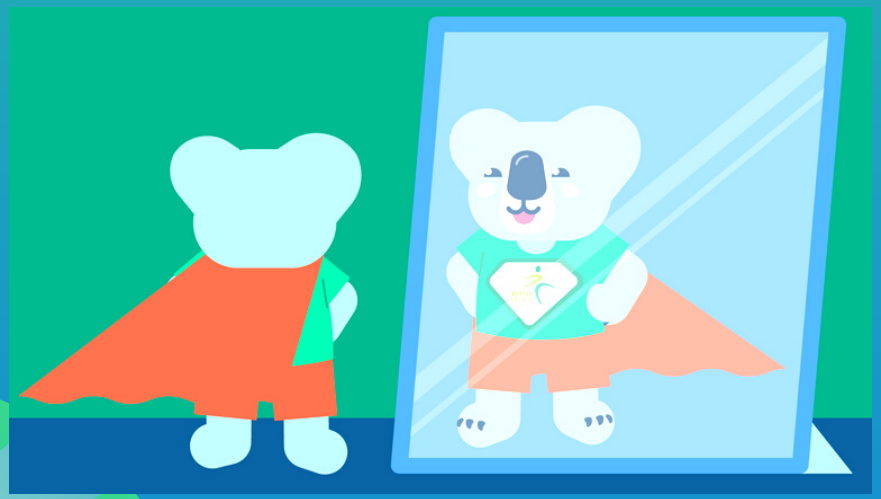
FITTER FUTURE

WELCOME TO FITTER FUTURE



WHAT IS FITTER FUTURE

Fitter Future is a series of online fitness exercises and mindful moments designed to get children up and active whilst at home and fight childhood obesity.

Our Be Mindful programme gives children the tools to improve their emotional and mental well-being.

WHY PARENTS LOVE FITTER FUTURE

Fight childhood obesity
Equip children with the tools to improve their emotional and mental well-being
Increase concentration
Decrease behavioural issues
Increase awareness of their feelings and emotions of others
Easy to use
Fun for children
Free home access
Data to prove impact

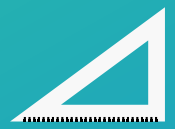
HOW TO LOGIN



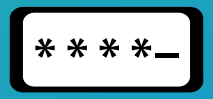
Go to www.fitterfuture.com



Click 'Sign In'



Select 'Student'



Enter your username and password



Once logged in select 'Get Active' or 'Be Mindful'