Hobletts Manor Schools

Working together to support healthy, happy eating

We recognise that food plays an important role in children's health, wellbeing, and ability to learn. Our approach to packed lunches aims to support nutritious, balanced meals while also respecting individual eating preferences, sensory needs, and cultural or medical requirements.

What you could include in your child's lunchbox...





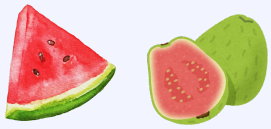
Water





Dairy





Fruit & Vegetables





Protein







Carbohydrates

What cannot go in your child's lunchbox...





No nuts



No fizzy drinks



No bones

We advise avoiding chocolate as we have nowhere to keep packed lunches refrigerated and chocolate will melt.

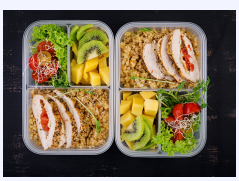


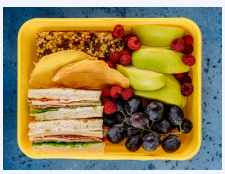
Lunchbox Ideas!

It can be a challenge to come up with ideas for making lunch boxes interesting. Click on the lunchboxes below for links to websites with ideas for making packed lunches healthy and exciting!











Thank you for your continued support in helping us create a positive and safe food environment for all children.